

Colwich Kitchen Spring 1 2025-26 Menu

Main Meal + Dessert - Just £3.25 per day, payable on ArborPay

SERVED DAILY

- Fresh Fruit Platter
- Fresh Salad Bowls
 - Bread **1**
 - Yoghurt **2**
 - Fresh Milk, **2**
 - Cool Water and Squash

All children in Reception, Year 1 and Year 2 receive a school meal free of charge. Just book in at Registration time. It's that easy!

*We also offer a Gluten Free & Dairy Free menu

ALLERGENS

- 1.Cereals (gluten)
- 2.Milk
- 3.Egg
- 4.Fish
- 5.Celery
- 6.Crustaceans
- 7.Lupin
- 8.Mollusc
- 9.Mustard
- 10.Nuts
- 11.Peanuts
- 12.Sesame seeds
- 13.Soya
- 14.Sulphur dioxide (please see number next to food item for allergens)

Week 1 :

Monday

Chicken & sweetcorn savoury rice with peas
Cheese and bean wrap with peas **1,2**
Jacket Potato with Tuna **4**
(vegan cheese available)

Dessert
Chocolate banana cake **1,3**

Week 2:

Savoury Chicken wraps with garlic pototos **1**
Quorn chilli, rice & tortilla chips **1,3**
Jacket Potato with cheese **2**
(vegan cheese available)

Dessert
Vanilla iced cake **1,3**

Week 3:

Macaroni cheese & garlic croutons with peas and sweetcorn **1,2**
Tomato & lentil pasta with peas & sweetcorn **1**
Jacket Potato with tuna **4**

Dessert
Chocolate orange iced cake **1,3**

Tuesday

Lasagne & garlic bread with sweetcorn **1,2,3**
Quorn bolognese pasta with sweetcorn **1,3**
Jacket Potato with cheese **2**
OR tuna **4**(vegan cheese available)

Dessert
Shortbread with raisins **1**

Pasta Bolognese & garlic bread with mixed vegetables **1**
Roasted veg & tomato pasta & garlic bread with mixed vegetables **1**
Jacket Potato with tuna **4**

Dessert
Chocolate oat biscuits **1**

Pizza pinwheels & garlic potatoes with mixed vegetables **1,2**
Quorn chilli & rice tacos with mixed vegetables **3**
Jacket Potato with Tuna **4**

Dessert
Vanilla biscuits **1**

Wednesday

Pepperoni pizza & garlic potatoes with baked beans/mixed vegetables **1,2**
Cheese & tomato pizza & garlic potatoes with baked beans/mixed vegetables **1,2**
Jacket Potato with beans

Dessert
Gingerbread cookies **1**

Chicken nuggets & wedges with baked beans/peas **1**
Quorn & sweet potato curry & wedges with baked beans/peas **3**
Jacket potato with Beans

Dessert
Apple Muffin cake **1,3**

Pork Sausage & hash browns with Baked Beans/sweetcorn
Quorn sausage & hash browns with Baked Beans/sweetcorn **3**
Jacket Potato with Beans OR cheese **2** (vegan cheese available)

Dessert....
Apple flapjack **1**

Thursday

Roast chicken & roast potatoes with Carrots/cauliflower, gravy
Quorn pieces & roast potatoes with Carrots/cauliflower,gravy **3**
Jacket Potato with Tuna **4**

Dessert
Apple crumble & custard **1,2**

Pork Sausage, Yorkshire pudding, mash & gravy with carrots **2,3**
Quorn Sausage, mash & gravy with carrots **3**
Jacket Potato with Tuna **4**

Dessert
Chocolate crunch biscuit& mint custard **1,2**

Chicken pie, mash & gravy with Carrot/broccoli **1**
Cheese and potato pie with Carrots/broccoli **2**
Jacket Potato with Cheese **2** (vegan cheese available)

Dessert
Sticky toffee cake & Custard **1,2,3**

Friday

Fish Fingers & Chips with baked beans/peas **1,4**
Potato & Roasted vegetable bake with baked beans/peas
Jacket Potato with Beans or Cheese **2** (vegan cheese available)

Dessert
Vanilla cupcake **1,3**

Mini fish & chips with peas **1,4**
Cheese & bean wrap with peas **1, 2**
Jacket Potato with Cheese **2**
(vegan cheese available)

Dessert
Pancakes & Blueberry sauce **1,2,3**

Fishcake & Chips with peas/baked beans **1,4**
Vegetable fingers & chips with peas/baked beans **1**
Jacket Potato with beans OR cheese **2** (vegan cheese available)

Dessert
Chocolate krispie cake **1**