

# Colwich Kitchen Spring 1 2025-26 Menu

Main Meal + Dessert - Just £3.25 per day, payable on ArborPay

## Week 1:

Monday

Chicken & sweetcorn savoury rice with peas  
Cheese and bean wrap with peas 1,2  
Jacket Potato with Tuna 4 (vegan cheese available)

Dessert Chocolate banana cake 1,3

Tuesday

Lasagne & garlic bread with sweetcorn 1,2,3  
Quorn bolognese pasta with sweetcorn 1,3  
Jacket Potato with cheese 2 OR tuna 4 (vegan cheese available)

Dessert Shortbread with raisins 1

Wednesday

Pepperoni pizza & garlic potatoes with baked beans/mixed vegetables 1,2  
Cheese & tomato pizza & garlic potatoes with baked beans/mixed vegetables 1,2  
Jacket Potato with beans

Dessert Gingerbread cookies 1

Thursday

Roast chicken & roast potatoes with Carrots/cauliflower, gravy  
Quorn pieces & roast potatoes with Carrots/cauliflower, gravy 3  
Jacket Potato with Tuna 4

Dessert Apple crumble & custard 1,2

Friday

Fish Fingers & Chips with baked beans/peas 1,4  
Potato & Roasted vegetable bake with baked beans/peas  
Jacket Potato with Beans or Cheese 2 (vegan cheese available)

Dessert Vanilla cupcake 1,3

## Week 2:

Savoury Chicken wraps with garlic potatos 1  
Quorn chilli, rice & tortilla chips 1,3  
Jacket Potato with cheese 2 (vegan cheese available)

Dessert Vanilla iced cake 1,3

Pasta Bolognese & garlic bread with mixed vegetables 1  
Roasted veg & tomato pasta & garlic bread with mixed vegetables 1  
Jacket Potato with tuna 4

Dessert Chocolate oat biscuits 1

Chicken nuggets & wedges with baked beans/peas 1  
Quorn & sweet potato curry & wedges with baked beans/peas 3  
Jacket potato with Beans

Dessert Apple Muffin cake 1,3

Pork Sausage, Yorkshire pudding, mash & gravy with carrots 2,3  
Quorn Sausage, mash & gravy with carrots 3  
Jacket Potato with Tuna 4

Dessert Chocolate crunch biscuit & mint custard 1,2

Mini fish & chips with peas 1,4  
Cheese & bean wrap with peas 1, 2  
Jacket Potato with Cheese 2 (vegan cheese available)

Dessert Pancakes & Blueberry sauce 1,2,3

## Week 3:

Macaroni cheese & garlic croutons with peas and sweetcorn 1,2  
Tomato & lentil pasta with peas & sweetcorn 1  
Jacket Potato with tuna 4

Dessert Chocolate orange iced cake 1,3

Pizza pinwheels & garlic potatoes with mixed vegetables 1,2  
Quorn chilli & rice tacos with mixed vegetables 3  
Jacket Potato with Tuna 4

Dessert Vanilla biscuits 1

Pork Sausage & hash browns with Baked Beans/sweetcorn  
Quorn sausage & hash browns with Baked Beans/sweetcorn 3  
Jacket Potato with Beans OR cheese 2 (vegan cheese available)

Dessert.... Apple flapjack 1

Chicken pie, mash & gravy with Carrot/broccoli 1  
Cheese and potato pie with Carrots/broccoli 2  
Jacket Potato with Cheese 2 (vegan cheese available)

Dessert Sticky toffee cake & Custard 1,2,3

Fishcake & Chips with peas/baked beans 1,4  
Vegetable fingers & chips with peas/baked beans 1  
Jacket Potato with beans OR cheese 2 (vegan cheese available)

Dessert Chocolate krispie cake 1

## SERVED DAILY

Fresh Fruit Platter  
• Fresh Salad Bowls  
• Bread 1  
• Yoghurt 2  
• Fresh Milk, 2  
• Cool Water and Squash

All children in Reception, Year 1 and Year 2 receive a school meal free of charge. Just book in at Registration time. It's that easy!

\*We also offer a Gluten Free & Dairy Free menu

## ALLERGENS

1. Cereals (gluten)
2. Milk
3. Egg
4. Fish
5. Celery
6. Crustaceans
7. Lupin
8. Mollusc
9. Mustard
10. Nuts
11. Peanuts
12. Sesame seeds
13. Soya
14. Sulphur dioxide (please see number next to food item for allergens)